

CARING DEEDS WITH SHARITY™ JOURNAL

SHARITY™ CLUB

Did you know that Sharity Club is a caring and sharing club for children like you and me? We care for people around us, and we always try to help one another. It is easy and fun! When we help, we can make a big difference and put a smile on someone's face!

Every bit of "Care and Share" matters! So, join us and show Singapore what a big difference we can make!



NAME:

CLASS:

Activity:

Submit your completed journal to your teacher to receive a Sharity collar pin with flashing lights.



You read some rude and hurtful online comments about your classmate, Sarah, who is overweight. You start to notice that many classmates are discussing how to exclude Sarah from their groups.

How would Sarah feel?

Emotions

How do you think you can help?

Actions



Your dad recently lost his job and is worried about having enough money to pay the bills. He has been trying to look for a job for 3 months but is still unable to find one. Your mother is trying to help by reducing the expenses at home.

How would your parents feel?

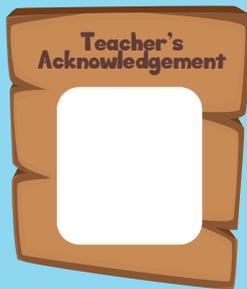
Emotions

How do you think you can help?

Actions



Your classmate, David, has muscular dystrophy. He has difficulty walking and relies on his wheelchair to move around. Sometimes, you see others push his wheelchair, without even asking if he needs help. Playful classmates would hop on the back of David's wheelchair while he is moving, although David has repeatedly told them not to.



How would David feel?

Emotions

How do you think you can help?

Actions



Your neighbour, Auntie Soh, has weak legs and cannot walk well. She often stays at home and is usually alone. She only knows how to speak in dialect, therefore she does not talk much with other residents. When you see her around, she is often sighing and has a sad look.

How would Auntie Soh feel?

Emotions

How do you think you can help?

Actions



A map to find out which Sharity™ & Friends characters you are!



START!

If you see your classmate, Jane, absent from school, you would...

Call her and ask how she is. Offer to go through her missed homework when she is back in school.

wait for her to approach you instead.

Offer to be David's buddy to support him when he needs help.

Do your friends look for you whenever they need help?

Yes

No

Your friend, John, wants to eat ice cream but you prefer peanut ice kacang. Would you still join him?

Yes

No

You listen to David and play with him.

Sharity

Flappy

Felicity



A kind and caring heart with a generous sharing spirit.



A trusted and supportive friend.



An emotionally intelligent and empathic friend.

When you see a new friend, David, who looks different from you (e.g. he is on a wheelchair), you would...

Wait for him to say hi first

Say hi, introduce yourself and make him comfortable

David is finding hard to adjust to his new school.

Suggest some fun activities to do with David. You prefer to play...

Leave David alone to figure it out.

Indoor games (e.g. Monopoly)

Outdoor games (e.g. soccer)

You noticed David is crying because nobody wants to be his friend.

Think of ways to include David. You could push him around while he uses a stick to kick the ball.

It's tedious to include David so you decide to leave him out of the game.

David does not understand how to play the game, you would...

Explain the instructions patiently and show him how to play at least a few times.

Propose other games that David may be more familiar with.

Oh no! You should try to be more caring in your actions. Restart the game.

Spikey

Buddy

Cheeky



A tolerant and persevering friend.



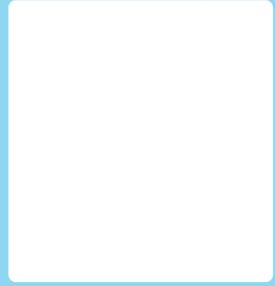
A loyal and conscientious friend.



An independent and free-spirited friend.

I AM UNIQUELY ME

Picture of myself



Get to know your friends better by sharing your uniqueness with one another!

I am

If I were a colour, I would be

My favourite song is

A word that describes me

My favourite hobby is

I love to eat

I love to wear

I am proud I can

Ways to make someone feel welcome around you

- Be respectful to others
- Be appreciative of others despite their differences
- Accept others regardless of race, gender, language or ability
- Focus on their strengths
- Include someone as part of the group

