

# IMPACT REPORT

BY COMMUNITY CHEST  
FOR FY2017

## THANK YOU FOR YOUR SUPPORT

Together, we can make a positive and lasting impact  
in the lives of those we serve.

### PUBLISHED BY

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### ACKNOWLEDGMENTS

Our sincere appreciation to the following partners for their support in this publication:  
NCSS Research & Strategy Development, Standards & Impact and Fund Allocation teams •  
AMKFSC Community Services Ltd • Care Corner Singapore Ltd • Cerebral Palsy Alliance Singapore  
(CPAS) • Movement for the Intellectually Disabled of Singapore (MINDS) • Rainbow Centre

### FEATURED ON THE COVER

9-year-old Annice Yee is a gregarious student with autism at Rainbow Centre Yishun Park School.  
With the right support, she is able to fulfil her full potential and let her cheery personality shine through.

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100% of your donation goes towards helping the disadvantaged, as our fund-raising and operating costs are covered mainly by  
Tote Board Group, comprising Tote Board, Singapore Pools and Singapore Turf Club.

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A YEAR OF  
**EMPOWERMENT  
MADE POSSIBLE**  
BY YOU

**COMMUNITY CHEST** As the fundraising and engagement arm of the National Council of Social Service (NCSS), Community Chest engages the community to support people in need through fundraising and volunteering. In our efforts to encourage **holistic caring**, Community Chest aims to be a **one-stop solution** to support our donors, partners and volunteers to give treasures, time and talent towards **empowering every person** to live with dignity in a **caring and inclusive** society.

# FROM OUR CHAIRMAN & MANAGING DIRECTOR

As we celebrate our 35th year of service to the community, we are not only thankful for the generous support given to Community Chest, but heartened with the growth and development of the sector towards a collective vision through the Social Service Strategic Thrusts (4ST), where a caring, collaborative and impactful ecosystem is being built to ensure that every person is empowered to fulfil their full potential.



trends, and bring about lasting positive changes to the sector. Drawing insights from the Quality of Life (QOL) study done by the National Council of Social Service (NCSS) in 2016, this report illustrates how your contributions through Community Chest has made a difference in the lives of those we serve, empowering them with opportunities to live with dignity in a caring and inclusive society.

With this in mind, Community Chest hopes to catalyse changes from the individual, to the organisational level and subsequently at the community level to address the emerging social service needs and

support to continue to make an impact in the social service sector, where every dollar goes towards building empowered lives.

Join us to make a difference by choosing to:

<p><b>DONATE</b> through outright donations, SHARE, planned giving or other means</p>	<p><b>PARTNER</b> us or provide support for our fundraising or public education efforts</p>	<p><b>VOLUNTEER</b> at our charities or events, or lend your expertise and skills</p>
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Sincerely,

**Phillip Tan**  
Chairman  
Community Chest

**Charmaine Leung**  
Managing Director  
Community Chest



# COMMUNITY CHEST THE HALLMARK OF CARE AND SHARE

Illustration of the late Dr Ee Peng Liang, founder of Community Chest, by Issac Liang, a deaf illustrator whose early education was assisted by Canossian School, a special needs school supported by Community Chest. Today, Isaac is a successful artist with beautiful illustrations featured in various books and projects.



**1** *purpose*

to raise funds and engage the community so that social service organisations can focus on developing and delivering quality solutions and empowering the lives of those in need.

**80** *social service organisations,*

especially less visible ones, are supported through Community Chest to ensure that emerging needs and service gaps are met.

**5** *causes*

to ensure that all groups of the community are cared for, including children with special needs and youth-at-risk, adults with disabilities, families in need, vulnerable seniors and persons with mental health conditions.

**100%**  
*of your donations*

goes towards helping the disadvantaged, as all fundraising and operating costs are covered mainly by Tote Board Group.

**35**  
*years of service and partnership*

with the people, private and public sectors to create a collaborative and impactful social service ecosystem.

*More than*  
**200**  
*critical services*

are offered to those in need, including special education, youth programmes, adult disability support, family service centres, eldercare and caregiver support.



# CHANGING NEEDS AND TRENDS

## CHILDREN WITH SPECIAL NEEDS & YOUTH-AT-RISK

As our nation progresses, the social service needs have also evolved. In view of this, NCSS conducted the Quality of Life (QOL) Study in 2016 to examine the various vulnerable populations through a person-centred and holistic approach. The next eight pages highlight some of the trends and changing needs across the various groups we support at Community Chest.



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About **9,660** children and youth in Singapore, aged **7 to 18**, have a disability.

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**76%** increase in number of children diagnosed with developmental issues from **2010 to 2014**.

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**20-25%** of cases of preschoolers diagnosed with developmental issues are **Autism Spectrum Disorder (ASD)**.

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**A day of special education in social, motor, cognitive, communication and self-help skills for a student with autism can cost up to \$146.**

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Sources: Enabling Masterplan 3, KK Women's and Children's Hospital, National University Hospital



# CHANGING NEEDS AND TRENDS

## ADULTS WITH DISABILITIES

In the QOL Study on persons with disabilities, close to 1,000 persons with disabilities aged 18 and above were surveyed. The study revealed that persons with disabilities want to be empowered towards independence through greater and accessible opportunities, and achieve social inclusion by participating actively and meaningfully in society.



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**3.4%** of adults, aged **18** to **49** in Singapore, have a disability.

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**Social inclusion was found to have the greatest impact on improving quality of life of persons with disabilities, but had the lowest score.**

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**7 in 10** adults with disabilities chose level of independence as the area they desired the most improvement in.

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**6 in 10** adults with disabilities believed they cannot achieve their hopes and dreams.

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Source: Enabling Masterplan 3; NCSS Quality of Life Study on Adults with Disabilities (2016)

# CHANGING NEEDS AND TRENDS

## PERSONS WITH MENTAL HEALTH CONDITIONS

The QOL study surfaced the need to improve the psychological well-being, level of independence and social relationships of persons with mental health conditions to help them achieve their potential. Improving social inclusion would also result in the greatest improvement in quality of life for them.



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**11.1%**  
unemployment rate  
estimated among persons  
with mental health  
conditions, as compared to  
**6.7%** for those without.

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**1 in 8** Singapore  
residents are affected by  
mental health conditions  
at some point in their lives.

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**3 in 10** persons  
with mental health  
conditions did not believe  
they can achieve their  
hopes and dreams.

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**Persons in recovery  
from mental health  
conditions did not  
feel that they had any  
future prospects or  
opportunities to  
contribute meaningfully  
to society.**

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Source: Singapore Mental Health Study 2010; NCSS  
Quality of Life Study on Adults with Mental Health  
Issues (2016)



# CHANGING NEEDS AND TRENDS

## VULNERABLE SENIORS & FAMILIES IN NEED

Both seniors and families in our community face changing needs. The QOL study highlighted a need to improve opportunities for seniors to participate in society, and appreciate them for their past and present contributions. The Ministry of Social and Family Development (MSF) 2018 occasional paper also addressed the need for multiple layers of support for families in need.



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**43%** increase in number of families in need and receiving help from **2012** to **2015**.

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Dementia affects **1 in 10** of those aged 60 and above, and **1 in 2** of those 85 and above.

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By 2030, **1 in 4** Singaporeans will be **65 or older**; a **two-fold increase compared to 2015**.

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Number of seniors facing social isolation expected to increase from **35,000** to **83,000** by 2030.

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Source: Ministry of Social and Family Development (Families receiving ComCare help); Department of Statistics & Epidemiology and Disease Control Division, MOH; Tan, T. (2014, 2 March) More Singaporeans Living Alone; Trend Seen Rising; NCSS Quality of Life Study on Seniors (2016)



# EMPOWERING LIVES THROUGH OPPORTUNITY, POTENTIAL & INCLUSION

To keep the social service sector relevant and prepared for future challenges, the Social Service Sector Strategic Thrusts (4ST) vision was developed as a 5-year roadmap to identify opportunities and strategies to guide the development of the sector.

With this vision in mind, NCSS developed a framework in 2018 to understand the social needs of our vulnerable populations through three dimensions - **Opportunity, Personal Potential and Social Inclusion.**

This framework encapsulates the impact of your support, in enabling our social service users to achieve the desired outcomes.

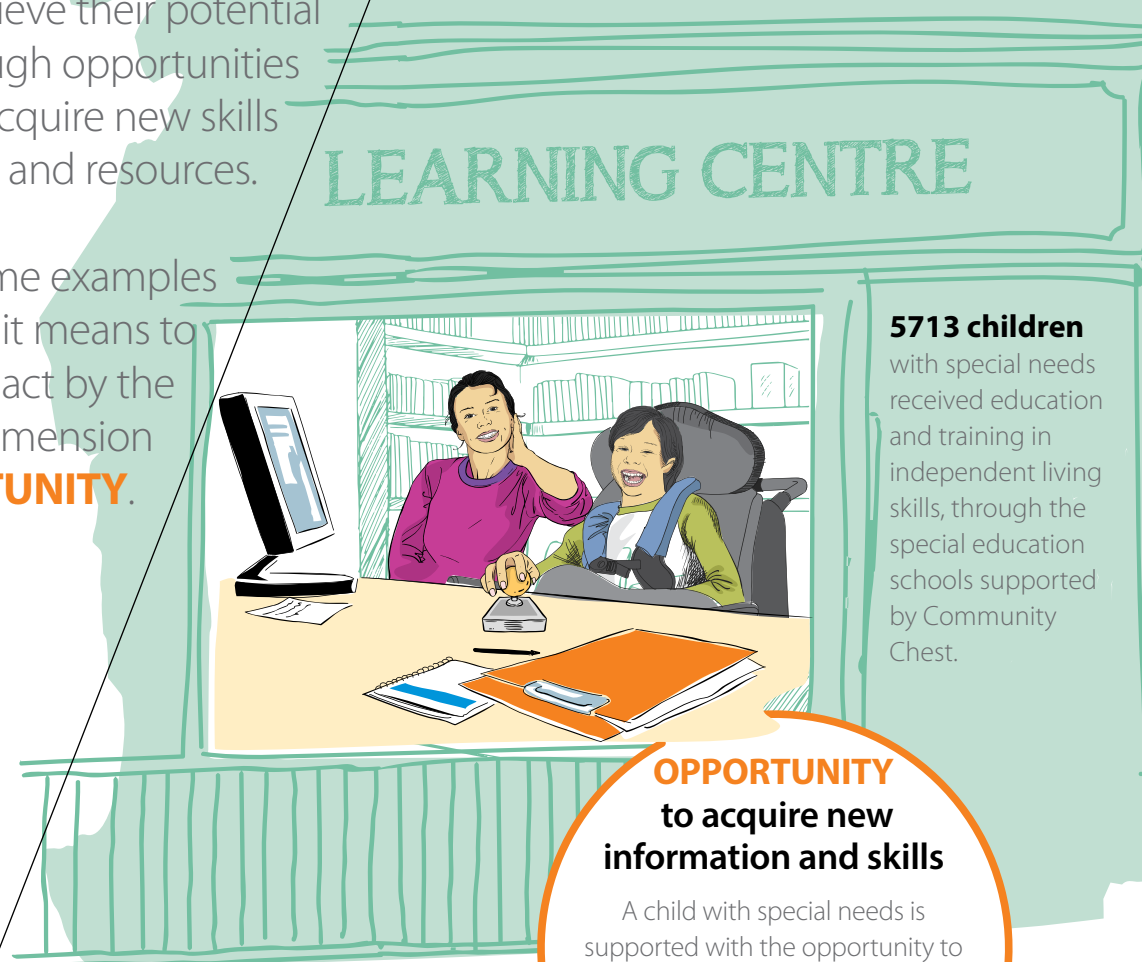




# PROVIDING OPPORTUNITIES

Your support has enabled thousands of social service users to achieve their potential through opportunities to acquire new skills and resources.

These are some examples of what it means to measure impact by the social dimension – **OPPORTUNITY**.



**5713 children** with special needs received education and training in independent living skills, through the special education schools supported by Community Chest.

## **OPPORTUNITY to acquire new information and skills**

A child with special needs is supported with the opportunity to receive quality education which will equip him with new skills, new knowledge and therapy to help him live independently.

## **OPPORTUNITY to achieve potential**

An inclusive employer empowered an adult with disability by providing an opportunity for him or her to contribute to society and achieve his or her fullest potential.



## **OPPORTUNITY to access resources**

A family in need is provided access to suitable support network and resources, such as childcare options or work training, to help them stay resilient in times of difficulty.

# DEVELOPING PERSONAL POTENTIAL

With effective social service programmes, our service users were empowered to live autonomously, improve their work capacity, and develop their personal potential.

These are some examples of what it means to measure impact by the social dimension – **PERSONAL POTENTIAL.**



## PSYCHOLOGICAL well-being

A person with mental health conditions has built stronger self-esteem and positive feelings with the support from rehabilitation services or counselling.



## AUTONOMY

A senior is supported to make his or her own decisions in day-to-day choices and to live independently within the community.



## CAPACITY to work

A person with disability is supported through work training to develop the necessary skills that enable him or her to be employed in the workforce.

**29%** increase, from FY14 to FY17, in number of persons with disabilities gainfully employed through employment assistance programmes supported by Community Chest.



# IMPROVING SOCIAL INCLUSION

With strong social support, our social service users were also able to participate and contribute meaningfully to the community.

These are some examples of what it means to measure impact by the social dimension – **SOCIAL INCLUSION.**



## SOCIAL acceptance and respect

Persons with mental health conditions are accepted by the community and their experiences are valued to help others on their road to recovery.

## SOCIAL participation and contribution

Families who have benefited from a strong support system of resources are able to be actively involved in community activities and give help to other families.



**276 families** have improved skills and familial relationships for better family functioning.

## SOCIAL network and interaction

Seniors are actively and meaningfully engaged through various befriending events and initiatives that help integrate them into a support system.





# EMPOWERING CHILDREN WITH SPECIAL NEEDS AND YOUTH-AT-RISK

## REACH THROUGH SOCIAL SERVICE ECOSYSTEM

### COMMUNITY LEVEL

**574,000** people were reached through events and nationwide initiatives of Sharity in FY2017, to raise awareness and promote caring and inclusive attitudes.

### ORGANISATIONAL LEVEL

**20** special education schools were supported to provide quality education for children with special needs or disabilities.

**15** social service organisations were enabled to provide support and outreach services for children or youth-at-risk.

### INDIVIDUAL LEVEL

#### OPPORTUNITIES

**488 children** with special needs accessed opportunities to achieve potential.

#### PERSONAL POTENTIAL

- **927 children and youth** experienced improvement in well-being and/or developed life skills for positive youth development.
- **555 children with special needs** experienced improvement in functional skills for greater independence.

#### SOCIAL INCLUSION

- **572 children and youth** developed positive and sustained relationships with peers and mentors.
- **191 children with special needs** acquired social support to integrate in community settings.

#### Examples of outcomes met:

These are the outcomes achieved by some of the programmes supported by Community Chest.

#### SPECIAL EDUCATION SCHOOLS

**5713** children with special needs received education and training in independent living skills. Out of 488 graduands, 124 graduands attained open employment.

#### SCHOOL SOCIAL WORK

**1226** school-going children and youths (with & without special needs) developed self-confidence to deal with changes and challenges, and improved in personal and social skills in relationships.



*“With your support, I can now move and play more independently.”*

Mr Dhashanamoorthi s/o Amardass, a student with Cerebral Palsy Alliance Singapore (CPAS) School



# BUILDING STRONG AND RESILIENT FAMILIES

## REACH THROUGH SOCIAL SERVICE ECOSYSTEM

### COMMUNITY LEVEL

**2000** volunteers were mobilised through special event, Community Chest Fu Dai 2018, to pack and deliver household essential items to seniors and families in need.

### ORGANISATIONAL LEVEL

**44** family service centres were enabled to provide critical support services to families in need and help them stay resilient through their challenges.

### INDIVIDUAL LEVEL

**OPPORTUNITIES** **5316 families** have been successfully linked with appropriate services.

**PERSONAL POTENTIAL** **7452 families** are more self-reliant to deal with issues.

**SOCIAL INCLUSION** **276 families** have improved skills and familial relationships for better family functioning.

#### Examples of outcomes met:

These are the outcomes achieved by some of the programmes supported by Community Chest.

Out of the **families served**,

**FAMILY SERVICE CENTRES** **5285** enhanced their self-reliance and resilience capacity.

**FAMILY SERVICE CENTRES** **5785** improved their ability to manage and/or reduce needs and risks.

**FAMILY VIOLENCE SPECIALIST CENTRES** **764** victims and their family members were able to manage issues of family violence and build safe relationships.

**FAMILY VIOLENCE SPECIALIST CENTRES**



*“Thank you for helping me find the strength to be self-reliant.”*

Mdm Dina Ambril Desriana,  
supported by Care Corner Singapore Ltd



# ENGAGING & CARING FOR VULNERABLE SENIORS

## REACH THROUGH SOCIAL SERVICE ECOSYSTEM

### COMMUNITY LEVEL

**2000** volunteers, partners, senior social service users and members of the community were rallied through our community event, Community Chest Getai-Xinyao Charity Concert 2018, to interact and promote a caring and inclusive society together.

### ORGANISATIONAL LEVEL

**4** senior day care centres and homes were enabled to provide counselling and other support services to keep seniors meaningfully engaged in the community.

### INDIVIDUAL LEVEL

**PERSONAL POTENTIAL** **487 seniors'** well-being were taken care of to help them contribute in community settings.

**SOCIAL INCLUSION** **5395 seniors** had access and/or participated in social/community networks.

#### Examples of outcomes met:

These are the outcomes achieved by some of the programmes supported by Community Chest.

#### BEFRIENDING + COUNSELLING

**992** seniors were less isolated and felt supported to age in place. This is through achieving an improved sense of social and psychological well-being and access to contacts and sources of help.

#### CAREGIVING SUPPORT

**4406** caregivers learnt to provide better care for their loved ones and were able to put their newly acquired skills to use at home.



*“You have helped to bring  
back my smile and now  
I can share that joy.”*

Mdm Hjh. Salmah Bte Ismail (centre in photo),  
supported by AMKFSC Community Services Ltd



# INTEGRATING ADULTS WITH DISABILITIES INTO SOCIETY

## REACH THROUGH SOCIAL SERVICE ECOSYSTEM

### COMMUNITY LEVEL

**8000** corporate volunteers, community partners and social service users came together to interact and showcase empowerment through various inclusive activities and walk in support of a caring and inclusive nation at Community Chest Heartstrings Walk 2017.

### ORGANISATIONAL LEVEL

**15** employment development centres were supported to equip adults with disabilities with skills and improve their employability through training and support programmes.

### INDIVIDUAL LEVEL

#### OPPORTUNITIES

**3625 persons with disabilities** had accessed opportunities to achieve potential.

#### PERSONAL POTENTIAL

**313 persons with disabilities** experienced improvement in functional skills for greater independence.

#### SOCIAL INCLUSION

**1125 persons with disabilities** had social support to integrate in community settings.

#### Examples of outcomes met:

These are the outcomes achieved by some of the programmes supported by Community Chest.

#### SHELTERED WORKSHOP

**1386** clients were actively engaged in sheltered workshops and were able to stay gainfully employed for at least 3 months.

#### INTEGRATION SUPPORT

**983** persons with disabilities showed an improvement in daily living skills, gained greater independence and were able to participate in the community.

**1351** persons with disabilities had access to resources to enhance their physical and psychological well-being.



*“Thank you for enabling me to fulfil my passion.”*

Ms Chin Mee Fong (centre in photo), a participant of MINDS Employment and Development Centre



# SUPPORTING PERSONS WITH MENTAL HEALTH CONDITIONS

## REACH THROUGH SOCIAL SERVICE ECOSYSTEM

### COMMUNITY LEVEL

**85,902** people were reached through digital platforms to showcase examples of empowerment of persons with mental health conditions through Community Chest #StoriesOfCare 2018 outreach initiatives.

### ORGANISATIONAL LEVEL

**5** social service organisations were supported to help persons with mental health conditions overcome the challenges through rehabilitation services and counselling.

### INDIVIDUAL LEVEL

**OPPORTUNITIES** **28 persons with mental health conditions** accessed opportunities to achieve potential.

**PERSONAL POTENTIAL** **513 persons with mental health conditions** have acquired skills to better manage their condition.

**SOCIAL INCLUSION** **210 persons with mental health conditions** have social support to integrate in community settings.

#### Examples of outcomes met:

These are the outcomes achieved by some of the programmes supported by Community Chest.

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**INTEGRATION SUPPORT** **276 persons with mental health conditions** were better able to cope with their conditions and/or improved in their mental health condition.

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**210 caregivers** indicated that they have acquired a more positive mindset towards caregiving and have also gained knowledge and skills in caring for persons with mental health conditions.

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**259 persons with mental health conditions** were supported in their employment journey and integrated into society.

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*“Hope – that’s what I want to share and hold for others.”*

Ms Deborah Seah, a participant of the Peer Support Specialist Programme



# IMPACT STORIES



**Mdm Hjh. Salmah Bte Ismail**  
*Supported by AMKFSC  
Community Services Ltd*

70-year-old Mdm Hjh. Salmah Bte Ismail (centre in photo) used to lead an active lifestyle and enjoyed exercising. However, as she aged, her legs became weaker. Eventually, she had to rely on a wheelchair to travel longer distances. Faced with a deteriorating ability to move around on her own and financial difficulties at home, the once active and independent Mdm Salmah did not venture beyond her own door. With the assistance from the Befriending Service at COMNET Senior Services under AMKFSC Community Services, a programme supported by Community Chest, Mdm Salmah found the right support and comfort in the company of volunteers and other seniors like her, all of whom gave her the courage to stay active through simple exercises and other activities. Today, Mdm Salmah has not only benefitted from the programme, she gives back in her own way by encouraging many other seniors around her through her own story and experience.



**Mdm Dina Ambril Desriana**  
*Supported by Care Corner Singapore Ltd*

40-year-old Mdm Dina was left to fend for herself and her two young children when her husband, the sole breadwinner, suddenly passed away. She had to grapple not just with grief and sudden loss, but the looming challenges of caring for her children and finding employment in order to support the family. With the support from Care Corner, an organisation supported by Community Chest, Mdm Dina overcame her mental distress and was able to better cope with the challenges and keep the family together. Mdm Dina is now earning a stable income to support her family of three and has been caring for others by using her own story to encourage single mothers who are facing adversity. She believes in sharing hope that families in need can work things out and find happiness despite their difficulties. With the right support and resources, many families in difficulty can be empowered to be resilient and stay together as one to overcome their challenges.



**Ms Chin Mee Fong**  
*Participant of MINDS Employment  
and Development Centre*

42-year-old Chin Mee Fong (centre in photo) has Down Syndrome and struggled to find employment. Help came through the right support and training at MINDS Employment Development Centre, where Mee Fong picked up numerous skills, from baking to crafts. Mee Fong is able to bake a variety of cookies, as well as create interesting art and craft products. She gives back in her own way by being a role model for her peers and sharing her experience to inspire others like her.



**Ms Deborah Seah**  
*Participant of the Peer  
Support Specialist  
Programme*

Deborah Seah was diagnosed with bipolar disorder when work stress and a hectic schedule took a toll on her mental health. Her life came to a standstill and her relationships with family and friends became strained. She did not know who could help her. After joining the Peer Support Specialist Programme, Deborah recovered and now wants to help others. Today, she volunteers to conduct recovery workshop and facilitates peer support groups. She has become a mental health advocate, sharing her story to give others hope.



**Mr Dhashanamoorthi s/o  
Amardass**  
*Student with CPAS School*

16-year-old Dhashanamoorthi s/o Amardass (Dhasha) was diagnosed with spastic quadriplegia, and he was unable to move around on his own nor communicate easily. Dhasha joined CPAS School, when he was 7, and has since developed important physical, social, communication and daily living skills to help him live more independently. Today, Dhasha's outgoing personality shines through his smile whenever he can communicate, manoeuvre his wheelchair and participate in daily activities.

# CASE STUDY

## RAINBOW CENTRE

A social service organisation supported by Community Chest

### (4ST Vision)

Rainbow Centre focuses on developing abilities and independence.

The collaborative partnerships between Rainbow Centre, Community Chest and corporate organisations have empowered students to thrive in a caring and inclusive society.

- 21 students in inaugural Work Preparation Programme, with opportunities to intern at places, such as Pizza Hut, Park Hotel Alexandra and Khoo Teck Puat Hospital (KTPH).
- 4 students in inaugural Talent Art Programme, with art-related work and engagement opportunities.

## Community Chest AWARDS 2017

13 OCTOBER 2017, ISTANA

Guest-of-Honour

Mdm Halimah Yacob

President of the Republic of Singapore

Special Guest

Assoc Prof Muhammad Haniffa

Senior Minister of State

Minister of Education



### CHAI CHANG XUN

Student of Rainbow Centre  
Yishun Park School Senior Programme

**With support from the school and the community, Chang Xun has been empowered to achieve his full potential.**

- **Recipient of MOE's Lee Kuan Yew-Exemplary Student Award (LKY-ESA) in 2018.**
- **Developed his talent for music and performed at many events, including:**
  - Pyeongchang Special Music and Art Festival in Korea in August 2015
  - Timbre @ The Arts House as part of Rainbow Centre's collaboration with Play Me, I'm Yours, a piano-themed international arts movement held in Singapore for the first time in March 2016
  - BMMA (Beautiful Mind Music Academy) concert on 30 April 2016
  - Community Chest Awards 2017
- **Member of the school's Prefectorial Board**
- **Completed 6 months of vocational learning attachment at Good Thyme Bistro, where he had the opportunity to learn food and drink preparation.**

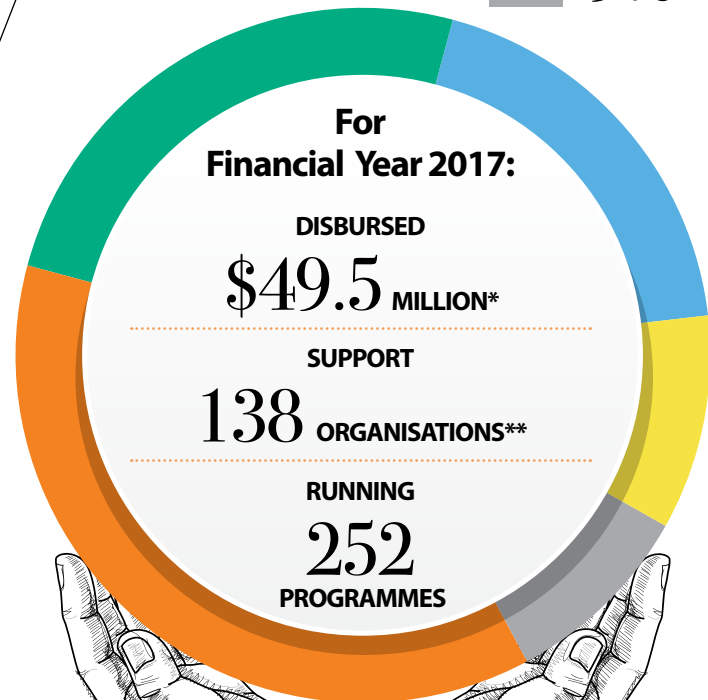
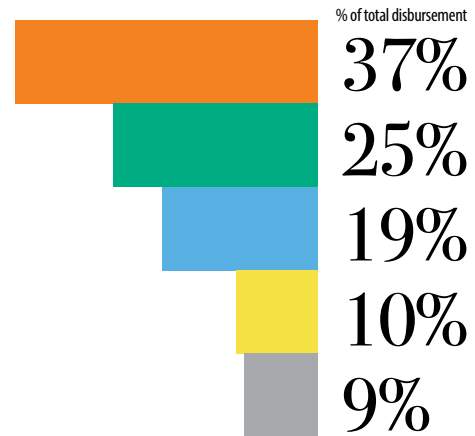
Today, Chang Xun has also stepped up to give back and has been volunteering at KTPH, by playing the piano at the hospital lobby three times a week.



# THE YEAR IN SUMMARY

Your sustained support has enabled us to engage the community to fundraise and volunteer. With the aim to enable every individual to live with dignity within a caring and inclusive society, we support about 80 social service organisations to meet underserved, critical social needs. 100% of your contributions goes towards empowering the lives of:

- Children with special needs and youth-at-risk
- Adults with disabilities
- Families in need
- Persons with mental health conditions
- Vulnerable seniors



\*includes allocation to programmes/projects only (exclude allocation ring-fenced for specific purposes)  
 \*\*organisations include charities, member organisations

Amount Disbursed	Description of some programme types	Outcomes
Amount Disbursed <b>\$18 m</b> Total no. of Programmes <b>84</b>	<b>Early Intervention</b> to provide therapy and education support services for children who are 6 years and below and have been diagnosed with special needs. <b>Special Education (SPED)</b> to provide quality education to develop the potential of children and youth with special educational needs. <b>School-based programmes</b> to complement the school system through preventive, developmental and remedial initiatives to strengthen social and emotional resilience among students at risk.	To empower children with special needs and youth-at-risk
Amount Disbursed <b>\$12.5 m</b> Total no. of Programmes <b>53</b>	<b>Sheltered Workshops</b> to provide employment and/or vocational training to adults with disabilities who do not possess the competencies or skills for open employment. <b>Integration Support (Disability)</b> for assistance, resources and access to support networks for persons with disabilities in their everyday lives.	To integrate adults with disabilities into society
Amount Disbursed <b>\$9.5 m</b> Total no. of Programmes <b>79</b>	<b>Family Service Centres</b> as a community-based focal point of resources that provide social support to families in need. <b>Counselling Centres</b> to provide professional counselling and therapy services for individuals, couples, groups and/or families facing emotional, mental and relationship problems. <b>Family Violence Special Centres</b> to provide community-based services for persons affected by family violence.	To build strong and resilient families
Amount Disbursed <b>\$4.9 m</b> Total no. of Programmes <b>14</b>	<b>Integration Support</b> to offer various support services to assist persons with mental health conditions to reintegrate into the community. <b>Day Activity Centres</b> to assist persons with mental health conditions to reintegrate into the community by helping them to improve their management of their conditions and realise their potential.	Supporting persons with mental health conditions
Amount Disbursed <b>\$4.6 m</b> Total no. of Programmes <b>22</b>	<b>Befriending &amp; Counselling programmes</b> to enhance the social and psychological well-being of seniors through provision of professional counselling services and regular visits. <b>Senior Home Care</b> to offer a range of services that meet the basic needs of seniors with little or no caregiver support at home. <b>Caregiving Support</b> to equip caregivers with the skills and knowledge to look after their loved ones.	To care for vulnerable seniors

# YOUR SUPPORT MATTERS

## SHARE,

the monthly giving programme of Community Chest, is powered by a community of informed givers who share regularly. No amount is too small to make a difference.

Through the collective efforts of dedicated donors, SHARE is one of the largest streams of giving. 100% of your donation goes towards about 80 charities supported by Community Chest.

Mrs Maki Imaizumi (left), from The Japanese Association, Singapore (JAS), visits Mr Chua Wei Kang (right) and other residents from MINDSville@Napiri every week with a group of volunteers.



## VULNERABLE SENIORS

**\$10** can ensure that a senior is meaningfully engaged through befriending services for a week.

## ADULTS WITH DISABILITIES

**\$20** enables an adult with disabilities to attend half a day of pre-vocational training in a sheltered workshop.

## FAMILIES IN NEED

**\$25** can provide families with half a day of case management, information and referral services.

## PERSONS WITH MENTAL HEALTH CONDITIONS

**\$30** enables a person with mental health conditions to receive rehabilitation services at a mental health day activity centre for a day.

## CHILDREN WITH SPECIAL NEEDS AND YOUTH-AT-RISK

**\$40** can provide half a day of special education and therapy services for a student with moderate to severe intellectual disability from 7 to 12 years old in a special school.